

Welcome to Hurst Chiropractic.

Name _____ Birth date ____/____/____ Age _____

Male/ Female Height _____ Weight _____ Drivers' Lic. # _____

Address _____ City _____ State ____ Zip _____

Telephone _____ Cell _____ E-Mail _____

Marital Status M S O D Number of children _____ Occupation _____

Spouse's Name _____ Occupation _____

In case of an Emergency, call _____ At _____

Person Responsible For Account _____

CONDITION THAT BRINGS YOU IN TODAY!

What is your major complaint? _____

How long have you had this condition _____ Is it Constant Y/N

Circle type of pain: Achy, Sharp, Dull, Throbbing, Shooting, Numbness, Tingling

Rate your pain from 0 to 10 (0 being no pain; 10 the worst possible pain)

1 2 3 4 5 6 7 8 9 10

What aggravates your Condition? _____

What makes this condition feel better? _____

Do you have any other symptoms that you believe to be associated with this condition

Yes/No What are they _____

Doctors that you have seen for this condition Name _____ Telephone _____

Diagnosis _____ Is this your Primary Doctor? Yes/No

Are you currently taking any prescription medication for this condition or others?

Yes/ No If so, list these: _____

Are you taking any nutritional supplements (vitamins, herbs) Yes/ No

If so, list these:

Are you exercising Y/N What type _____

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Do you have a History of:

Smoking? Y/ N Years _____ Packs/Day _____ Alcohol? Y/ N Amount/Week _____

Allergies _____ Fractures _____ Any History

of dizziness or Fainting Yes/No When _____

Surgeries _____ Year _____ Hospitalizations Yes/No Year _____

Major Illnesses in your family. Yes/No? What are they: _____

Are you paying cash _____ or using Insurance?

Insurance _____ Member ID _____

Primary Card Member _____ Date of Birth _____

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HEAD:

- Headaches
 - sinus allergy
 - entire head
 - back of head
 - forehead
 - temples
 - migraines
- head feels heavy
- loss of memory
- light headedness
- fainting
- light bothers eyes
- blurred vision
- doubled vision
- loss of vision
- loss of taste
- loss of hearing
- loss of balance
- dizziness
- pain in ears
- ringing in ears

NECK:

- pain with movement
 - forward
 - backward
 - side R/L
- pinched nerve
- feels out of place
- muscle spasms
- grinding sounds
- popping sounds
- arthritis

SHOULDERS:

- pain in joint R/L
- pain across shoulders
- bursitis R/L
- arthritis R/L
- can't raise arm
 - above shoulder
 - over head
- tension in shoulders
- pinched nerve R/L
- muscle spasms

ARM & HANDS:

- pain in upper arm
- pain in elbow
- movement aggravated
- tennis elbow
- pain in forearm
- pain in hands
- pain in fingers
- pins & needles in arms
- pins & needles in fingers
- hands go cold or go to sleep
- swollen/sore joints in fingers
- arthritis in fingers
- loss of grip strength

MID-BACK:

- Mid-Back Pain
- Location: _____
- Type of Pain?

- Muscle spasms
- Pain in kidney area

CHEST:

- Chest pain
- Shortness of breath
- Pain around ribs
- Breast pain
- Irregular heart beat

ABDOMEN:

- Nervous stomach
- Foods can't eat?

- Nausea
- Gas
- Constipation
- Diarrhea
- Hemorrhoids

LOW BACK:

- Upper Lumbar
- Lower Lumbar
- Sacroiliac
- Low Back Pain Worse when
 - walking
 - lifting
 - stooping/bending
 - standing
 - sitting
 - coughing
 - lying down
 - working
- Pain Relieved when

 - Slipped Disc
 - Feels out of place
 - Muscle spasms
 - Arthritis

HIPS, LEGS, & FEET:

- Pain in buttocks R/L
- Pain in hip joint R/L
- Pain down leg R/L
- Knee pain R/L
 - where? _____
- Leg cramps
- Cramps in feet R/L
- Pins & needles in legs R/L
- Pins & needles in feet, toes R/L
- Numbness
- Feet feel cold
- Swollen ankles
- Swollen feet

WOMEN:

- Menstrual pain
 - where? _____
- Cramping
- Irregularity
- Cycle ____ Days
- Birth Control
 - type? _____
- Hysterectomy
- Genital Cancer
- Discharge
- Menopause
 - when? _____
- Tumors
- Abortions
- Do you think you may be pregnant? _____

MEN:

- Urinary frequency
- Difficulty in starting stream
- Night urination
- Prostate pain/swelling

GENERAL:

- Nervousness
- Irritability
- Depressed
- Fatigue
- Generally feel run down
- Normal sleep hours: _____
- Loss of sleep
- Loss of weight: _____ lbs
- Gain of weight: _____ lbs
- Coffee: _____ cups per day
- Tea: _____ cups per day
- Soda _____ cups per day
- Water _____ cups per day
- Cigarettes _____ packs per day
 - for _____ years
- Diabetes
- Hypoglycemia
- Vegetarian
- Excessive night time urination
- Other Health Concerns:

Date _____